

INTRODUCTION Basketball booklet

Agenda 2030 proposes 17 goals (SDG), including “Quality education” (SDG 4), “Reducing inequality” (SDG 10), “Good health and well-being” (SDG 3) and “Responsible consumption and production” (SDG 12). From this perspective, the “Sport, inclusion, and sustainability” collection published by the eMuseum of Sport aims to discuss the SDGs by using sports as a base. Due to the Covid-19 pandemic, the social isolation and distancing measures that were adopted as a way of containing viral transmission among people led to the need for adjustments in order to maintain an active lifestyle.

The home environment became a place for exercise and sports, since schools, gyms, clubs and other such spaces were closed. It was necessary to create, recreate, invent, reinvent, and use one’s imagination and creativity to exercise.

Domestic objects replaced gym “step up boxes”, packages of food replaced dumbbells, and so on. Due to the pandemic, sports mega events such as the Tokyo Olympic and Paralympic Games still happened but were postponed. The Olympic Games would have begun on August 25th, 2020 but actually began on July 23rd, 2021. The Paralympic Games would have started on August 5th, 2020, but were postponed until August 24th, 2021. Despite the change in dates, it is important to note that, to preserve the Olympic cycle, the manner of referring to the competition year does not change. In 2021, the Tokyo 2020 Olympic Games will happen, completing the Games’ 32nd edition. The Olympics have been happening since 1896; their first edition happened in Athens, Greece, and the Paralympics have been happening since 1960, when their first edition was held in Rome, Italy.

2020 was not the first year in which the dates of the Olympic Games changed due to a world crisis. The 1916, 1940, and 1944 editions were cancelled by wars. The Tokyo 2020 Games include 46 Olympic modalities and 22 Paralympic modalities. In the first edition of the Olympics in 1896, there were only 9 sports and, in the first edition of the Paralympic Games, only 8 sports were included. In an objective and committed manner, this volume of the “Sport, inclusion, and sustainability” collection published by the eMuseum of Sport discusses basketball in Olympic and Paralympic contexts – wheelchair basketball –, by presenting concepts, history, rules, representative athletes, and discussing the construction of the objects that are necessary for its practice, using low-cost recyclable and reusable materials.

Just as in the other volumes of this collection, this one also presents relevant subjects for sustainable development: respect for individuality; sport democratization and popularization; sport as a tool for social inclusion; sustainability through sportive practices; the social dynamics involved in sports, with a trip into “the world of basketball” that includes content on some athletes. Thus, with the objective of encouraging sportive practices and an emphasis on more sustainable and inclusive lifestyles, the eMuseum of Sport collection proposes to: (a) Introduce and disseminate sports that are a part of the Olympic and Paralympic programs, including their concepts, historical aspects, main rules, and biographies of representative athletes; (b) Introduce fun activities related to said sports that can happen at school or at home with recyclable and/or low-cost material; (c) Stimulate the development of motor abilities, cognition, and creativity; (d) Stimulate environmental, social, and economic conscience by encouraging people to recycle and reuse materials; and (e) Explore the multiple identities that comprise our pluralist society.

SUMMARY

1. BASKETBALL: CONCEPTS AND A BRIEF WALK THROUGH HISTORY

1.1 Basketball in Brazil 1.2 Basic rules 1.3 Court and hoop 1.4 Basketball in the Olympic Games
1.5 Basketball in the Paralympic Games 1.6 Historic moments

2. BRAZILIAN BASKETBALL PERSONALITIES

2.1 Vileide Almeida 2.2 Oscar Schmidt 2.3 Norma Pinto de Oliveira 2.4 Hortência Marcari 2.5
Maria Paula Gonçalves da Silva 2.6 Anderson Varejão 2.7 Wlamir Marques

3. BASKETBALL AS A TOOL FOR SOCIAL INCLUSION

3.1 Gender inequality in sport 3.2 Racism 3.3 People with disabilities

4. HOW TO DO THIS: BASKETBALL ACTIVITIES WITH LOW-COST, RECYCLABLE AND REUSABLE MATERIALS

4.1 The basketball goal and hoop 4.2 Ball 4.3 Activities

BIBLIOGRAPHY